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Identified Risk Action Taken / Planned

unknown visitor C19 symptom history, exposure risk, high risk vulnerability, C19 specific contra-indication status.

initial consult to be done by video to triage need for face-face appointment, simultaneously screen C19 symptom & exposure history, C19 specific contra-indication status & high risk vulnerability, repeat process on arrival at premises (together with temperature check) in writing with visitor to sign.

inter-personal cross contamination in entrance/exit/waiting area, on arrival/leaving, on route to/from clinic/room/gym.

instruct visitors to wait in car / outside until called, meet visitors at door, provide hand sanitiser, instruct 'do not touch anything', escort visitors between entrance / clinic room / gym / exit, staff to open/close all doors with gloved hands, do not allow visitors to use waiting area.

contamination of clinic room floor

require removal of visitor's footwear & store in plastic box outside clinic room (box to be cleaned & disinfected after every use)

staff hygiene

staff to don new disposable PPE (2R mask, gloves, apron) & re-usable visor before every visit, re-usable visor to be cleaned & disinfected after every visit, staff to wash hands & wrists with surgical grade hand wash before donning new PPE and after every cleaning & disinfection process, staff to wear no jewellery,

contamination of hard surfaces & walls

keep hard surfaces & walls clear of non essential items, staff & visitors must not touch any hard surface or wall unless essential, clean & disinfect all hard surfaces and walls after every visitor, wearing of masks during entire visit to prevent spreading of droplets.

storage of potentially contaminated belongings of visitors

provide plastic box for visitors to store all belongings during entire visit (box to be cleaned & disinfected after every use)

contamination of soft seating

replace soft seating with hard plastic seating and disinfect after every use, visitor seating to be 2m away from staff seating & non-facing,



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Move well. Play well. Live well.

Identified Risk Action Taken / Planned

use of hands-on assessments/treatments (including massage medium (oil))

use of hands on assessments & treatments (including massage medium (oil)) to be minimised, massage medium containers to be cleaned & disinfected after every use, hands on assessments & treatments to be performed with gloved hands,

contamination of treatment couch, towels, pillows & other soft furnishings & equipment

limit use of towels where possible, store used towels safely after one use in pedal bin (lined with sealable plastic bag), replace traditional pillows with non-porous wipe clean pillows to be cleaned & disinfected before and after every use, avoid use of couch covers, couch to be cleaned & disinfected before and after every use, dispose of paper couch roll safely after single use in lined pedal bin, used small equipment to be placed in plastic storage box after use to be cleaned & disinfected,

contamination of bathroom / changing / shower facilities

use only disposable paper hand towels, clean & disinfect bathroom / changing / shower facilities after every use,

ending of appointment

visitor to leave all treatment furnishings in place & untouched, visitor to return to original seat without touching any other surface or object, visitor to recover belongings and replace shoes outside of clinic room, visitor to leave mask in place until leaving the premises,

de-contamination between visits

desk, stationary, seats, door handles, stair rails, treatment couch, massage medium containers, pillows, soft mats, filing cabinet, reusable PPE (visor), sink & taps, any used equipment, all to be cleaned & disinfected after every use,

payment

payment to be done by Direct Bank Transfer where possible, store any cash in a sealed plastic bag (marked with date of receipt) for at least 72 hours, no change will be offered.

end of day

empty towel bin & disposables bin safely and seal liner bags, disinfect bins, store towel bag in plastic box for at least 72 hours before washing towels at 60 or above, terminal clean clinic room,







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